



NEPSIS

Spiritual watchfulness and alertness. "Watch, therefore, for you do not know what hour your Lord is coming" (Matthew 24:42)

Saint Sophia's Greek Orthodox Church
325 Waring Road
Syracuse, New York 13224

Phone (315) 446-5222
Fax (315) 251-1654



The Glory Days

It was so exciting to take our parish photo on Palm Sunday! A large print is finished - and as soon as we get it, we'll frame it and have it where everyone can see. This experience has got me thinking about the past. You know you're getting old when you spend more time talking about the good times you've had rather than making new good times to remember. To avoid that, recently we built some new memories by my whole family going mountain climbing. It was so hard! Presbyteria and I were joking, as we hobbled back to the car at the end of the day, about how much more we enjoy family outings that involve restaurants than mountains.

But hey, the injuries were not permanent, the muscles eventually began to work again, the scrapes and bruises healed. And guess what? Our family has one more great memory: spending time together, struggling, laughing, achieving something we wanted to achieve. Nine people and three dogs climbed Cascade Mountain in the Adirondacks.

Churches celebrate their memories too. Sometimes people talk about the "glory days" - about big events in the past, about how every night something was happening at church, about standing-room-only liturgies, wonderful trips, outreach projects, and so on and so on. I love to hear these stories, because they are the memories of how our church community accomplished the work of God.

But I want you to consider this: what stories will the children who are in church *now* tell their children in 40 years? What events will they describe when they talk about the "glory days?" They will talk about the things that are happening in church *right now*. The festival, dances, dinner, Holy Week and Pascha. The friends they're making and the fun they're having. Their life in the church and the way that life filled their souls with God.

It's up to us to make this happen. If you're reading this right now, you probably remember something good about your past experience in the church. How can we create those kinds of memories for a child today? They want your help - they want to occupy themselves with events that will result in happy memories.

Sometimes when I turn around to bless the people during the liturgy, I don't see any children. The devil whispers, "There are no children in this church. Your best days are behind you and the future will consist of a slow decline to oblivion." I don't listen to him, and you shouldn't either. Many of the youth ministries at St. Sophia's are experiencing revivals right now, and for this we should be thrilled.

The next time you find yourself thinking that the glory days are behind us, look around. You will see a child nearby. For that child, *these* are the glory days.

Your affectionate servant,
Fr. David

JUNE
2024

2024 Parish Council

Peter Manolakos
President

Thomas Anthis Jr.
Vice President

Joy Weatherup Anthis
Secretary

Michael Copanas
Treasurer

Robert Allen
Dimitrios Giaprakis
Eleni Kosmas, MD
Martha Lemondes
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Marianna Politis-Tacea
Christopher Shiomos, OD
Jeanette Capousis Vigliotti

~~~~~  
Honorary  
Board Member  
*James Sakezles*



VISIT THE  
PARISH  
WEBSITE  
[stsophias.org](http://stsophias.org)





# **HOLY ASCENSION**

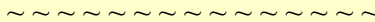
**JUNE 13, 2024**

**9:00 AM ORTHROS**

**10:00 AM DIVINE LITURGY**

*The Feast of the Ascension of our Lord God and Savior Jesus Christ is celebrated each year on the fortieth day after the Great and Holy Feast of Pascha (Easter). Since the date of Pascha changes each year, the date of the Feast of the Ascension changes. The Feast is always celebrated on a Thursday.*

*The Feast itself commemorates when, on the fortieth day after His Resurrection, Jesus led His disciples to the Mount of Olives, and after blessing them and asking them to wait for the fulfillment of the promise of the Holy Spirit, He ascended into heaven.*



*The story of the Ascension of our Lord, celebrated as one of the Twelve Great Feasts of the Church, is found in the book of the Acts of the Apostles 1:3-11. It is also mentioned in the Gospels of Mark (16:19) and Luke (24:50-53). The moment of the Ascension is told in one sentence: "He was lifted up before their eyes in a cloud which took Him from their sight" (Acts 1:9).*

*Christ made His last appearance on earth, forty days after His Resurrection from the dead. The Acts of the Apostles states that the disciples were in Jerusalem. Jesus appeared before them and commanded them not to depart from Jerusalem, but to wait for the "Promise of the Father". He stated, "You shall be baptized with the Holy Spirit not many days from now" (Acts 1:5).*

*After Jesus gave these instructions, He led the disciples to the Mount of Olives. Here, He commissioned them to be His witnesses "in Jerusalem, and in all Judea and Samaria, and to the end of the earth" (Acts 1:8). It is also at this time that the disciples were directed by Christ to "go and make disciples of all nations, baptizing them in the name of the Father and the Son and the Holy Spirit" (Matthew 28:19). Jesus also told them that He would be with them always, "even to the end of the world" (Matthew 28:20).*

*As the disciples watched, Jesus lifted up His hands, blessed them, and then was taken up out of their sight (Luke 24:51; Acts 1:9). Two angels appeared to them and asked them why they were gazing into heaven. Then one of the angels said, "This same Jesus, which is taken up from you into heaven, shall so come in like manner as you have seen Him going into heaven" (Acts 1:11).*



# **SATURDAY OF SOULS**

**JUNE 22, 2024**

**9:00 AM ORTHOS**

**10:00 AM DIVINE LITURGY**



***FR. DAVID HAS ALL THE NAMES FROM THE SOUL SATURDAY LITURGIES IN MARCH AND WILL USE THAT LIST. ONLY CONTACT HIM IF YOU WANT TO CHANGE YOUR LIST, OR IF YOU DIDN'T SUBMIT A LIST YET. NO FORMS WILL BE ON THE CANDLE STAND, SIMPLY CONTACT FR. DAVID DIRECTLY VIA PHONE (315) 269-4940 OR EMAIL [frdavid@stsophias.org](mailto:frdavid@stsophias.org).***

***ON THE SATURDAY OF SOULS, ORTHODOX CHRISTIANS COMMEMORATE THOSE WHO HAVE FALLEN ASLEEP, BEGINNING FROM ADAM AND EVE, ALL THE WAY TO THE MOST RECENTLY DEPARTED SOULS. WITH REVERENCE, WE ASK GOD TO FORGIVE ALL THEIR TRANSGRESSIONS AND TO GRANT THEM REST "IN A PLACE OF GREEN PASTURE." IN ADDITION TO EXPRESSLY COMMEMORATING THE NAMES OF OUR LOVED ONES, OUR PRAYERS INCLUDE MORE GENERALLY ALL THOSE WHO HAVE FALLEN ASLEEP IN THE HOPE OF THE RESURRECTION OF CHRIST. MAY THEIR MEMORIES BE ETERNAL!***





# **HOLY PENTECOST**

## **SUNDAY—JUNE 23, 2024**

### **8:45 AM ORTHROS**

### **10:00 AM DIVINE LITURGY**

*The Feast of Holy Pentecost is celebrated each year on the fiftieth day after the Great and Holy Feast of Pascha (Easter) and ten days after the Feast of the Ascension of Christ. The Feast is always celebrated on a Sunday.*

*The Feast commemorates the descent of the Holy Spirit upon the Apostles on the day of Pentecost, a feast of the Jewish tradition. It also celebrates the establishment of the Church through the preaching of the Apostles and the baptism of the thousands who on that day believed in the Gospel message of salvation through Jesus Christ. The Feast is also seen as the culmination of the revelation of the Holy Trinity.*



*The story of Pentecost is found in the book of The Acts of the Apostles. In Chapter two we are told that the Apostles of our Lord were gathered together in one place. Suddenly, a sound came from heaven like a rushing wind, filling the entire house where they were sitting. Then, tongues of fire appeared, and one sat upon each one of Apostles. They were all filled with the Holy Spirit and began to speak in other languages as directed by the Spirit (Acts 2:1-4).*

*This miraculous event occurred on the Jewish Feast of Pentecost, celebrated by the Jews on the fiftieth day after the Passover as the culmination of the Feast of Weeks (Exodus 34:22; Deuteronomy 16:10). The Feast of Weeks began on the third day after the Passover with the presentation of the first harvest sheaves to God, and it concluded on Pentecost with the offering of two loaves of unleavened bread, representing the first products of the harvest (Leviticus 23:17-20; Deuteronomy 16:9-10).*

*Since the Jewish Feast of Pentecost was a great pilgrimage feast, many people from throughout the Roman Empire were gathered in Jerusalem on this day. When the people in Jerusalem heard the sound, they came together and heard their own languages being spoken by the Apostles (Acts 2:5-6). The people were amazed, knowing that some of those speaking were Galileans, and not men who would normally speak many different languages. They wondered what this meant, and some even thought the Apostles were drunk (Acts 2:7-13).*

*Peter, hearing these remarks, stood up and addressed the crowd. He preached to the people regarding the Old Testament prophecies about the coming of the Holy Spirit. He spoke about Jesus Christ and His death and glorious Resurrection. Great conviction fell upon the people, and they asked the Apostles, "What shall we do?" Peter said to them, "Repent, and let every one of you be baptized in the name of Jesus Christ for the remission of sins; and you shall receive the gift of the Holy Spirit" (Acts 2:38-39). The Bible records that on that day about three thousand were baptized. Following, the book of Acts states that the newly baptized continued daily to hear the teaching of the Apostles, as the early Christians met together for fellowship, the breaking of bread, and for prayer. Many wonderful signs and miracles were done through the Apostles, and the Lord added to the Church daily those who were being saved (Acts 2:42-47).*



## PRESIDENT'S MESSAGE



Dear Parish,

### **Christos Anesti (Χριστός Ανέστη).**

It is hard to believe, but here we are again, for the 51st time in the parish's history, here we are again at Festival time. Baking has been going on in May and we owe our thanks to the ladies and men who have performed their kitchen magic. Koulourakia, baklava, melomakarouna and other treats are either ready or waiting for the finishing touches. So much work, so much dedication, so much comraderie - these are the real ingredients in these wonderful ethnic deserts. All of our pastries will be available in the Village.

For many parishioners, the onset of Festival Fever begins long before the raising of the big tent. For a small group, Festival Fever begins in January, when we work to figure out what we need, what changes, if any, we must make, and who will be responsible for ordering. Others, like the aforementioned bakers and the pita crew (many of the same people, I call them the usual suspects) start in February or March and go through April and May. For many others it begins with the posting of the online sign up sheet. Now is the time to access it. You can find the link on the St. Sophia website, at the end of the online bulletin. Also regular emails are sent to parishioners who are on our email list. Please sign up for as many shifts as your personal circumstances allow. I encourage you to be very generous with your time, time which has taken its inevitable toll on many of our valiant volunteers.

Many are no longer with us, and others have physical impairments that prevent them from volunteering as they did in the past. But you younger folks need to know that many of the pita and pastry makers are septuagenarians and octogenarians who, like the energizer bunny, just keep going and going. And under the tent, during the four days we are open, there are so many other older parishioners who are stalwart volunteers. To you youngsters, those in their 20s, 30s, 40s, 50s, and 60s, you need to step up in a huge way to learn the ropes, so that we will be able to continue our crucial fund raising festival for many years to come. Honor these dedicated workers by working shoulder to shoulder with them to keep St. Sophia moving forward.

As I mentioned at the general assembly meeting, our facility, while in good shape, has important older equipment and infrastructure that is also a victim of the passage of time. We will need to replace a 31 year old HVAC unit because repairing it, given its age and general condition, makes no sense. This was also true of some of the kitchen appliances that have been replaced. The replacement of the circuit breaker boxes that our new insurance company required will cost more than the original estimate because the spaces occupied by the old boxes are not deep enough for the new ones.

This is just the way of things. Nothing lasts forever. Nothing man made ever escapes the ravages of time. And, as we noted above, neither do we, any of us. We live, especially when we are young, as if there is infinite time. Yet we really know that is not true. We all, young and old, hang by a thread.

A true understanding of this fact should bring us to try really, really hard to get our spiritual life in proper order. We work on the Festival to keep our church alive so that we can develop a relationship with God that enriches our lives and gives us hope.

We say Christos Anesti/Alithos Anesti from Pascha until Christ's ascension. These are not just words, a seasonal greeting among Orthodox Christians. It expresses our belief, our faith, our hope in the infinite future. So, yes, Christ Is Risen/Truly He Is Risen, and we must live in the glow of that Resplendent Light.

May God bless all of our efforts so that we may have a very successful 51st Festival. Oh, and it goes without saying, but pray for good weather.

Happy Father's Day to all the dads out there. Sorry, no flowers for us.

Yours in Christ,

*Peter Manolakos*

Parish Council President





## St. Sophia's Website & Mailing List

Visit St. Sophia's website [www.stsophias.org](http://www.stsophias.org). There is a wealth of information on the website with the most up to date calendar on services and events, color photographs from recent functions, electronic sacrament forms to easily fill out and submit, and an online chapel highlighting the days readings and hymns.

Please subscribe to our mailing list to receive the latest information instantly. By subscribing to the mailing list you will be able to receive the electronic form of the Nepsis, the weekly bulletin, parish obituary announcements, and any other pertinent information. You may sign up by going to the website and clicking the tab titled "Subscribe to our Mailing List" or via this link: <https://www.stsophias.org/join-our-mail-list> It's that easy!

If you no longer require the paper copy of Nepsis through the mail, please notify Katina in the office so that you may be removed from the mailing list.



**SUNDAY—JUNE 16TH**

### **2024 STEWARDSHIP COMMITMENT CARD**

*St. Sophia's Greek Orthodox Church ~ 325 Waring Road Syracuse, NY 13224 ~ (315) 446-5222*

*In gratitude for God's blessing I/we pledge to contribute, for Christ's work at St. Sophia's Church, for 2024 a total amount of \$ \_\_\_\_\_*

*If you are interested in paying by Credit/Debit Card do so Online via the Church website [stsophias.org](http://stsophias.org)*

**Please Print:**

Name \_\_\_\_\_  
 Address \_\_\_\_\_  
 City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_  
 Telephone (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_ Email Address \_\_\_\_\_  
 Signature \_\_\_\_\_ Date \_\_\_\_\_

**THE COMPLETION OF THIS CARD IS A REQUIREMENT TO BE A MEMBER IN GOOD STANDING**



April 2024  
Sacramental Registry

Baptisms



*Benjamin Rafael Smith-Rivas  
Macie Ann Smith  
Makenzie May Smith*

~~~~~

Weddings



*Benjamin J. Alexander
& Lucia Claire Smith*

~~~~~

Funerals



*Pete K. Marinos  
Josephine M. Alexander*

June 2024 Memorials  
Eternal Be Their Memory

June 2, 2024

- *Memorial Service  
for George Retzos (1 Year)*
- *Trisagion Prayer  
for Spiros Mihou (5 Years)*
- *Trisagion Prayer  
for Philip Molinaro (6 Years)*
- *Trisagion Prayer  
for Chrisanthi Tzetzis (7 Years)*
- *Trisagion Prayer  
for Nicolaos Tzetzis (13 Years)*

June 9, 2024

- *Trisagion Prayer  
for Mihali Mantzakos (6 Months)*

June 16, 2024

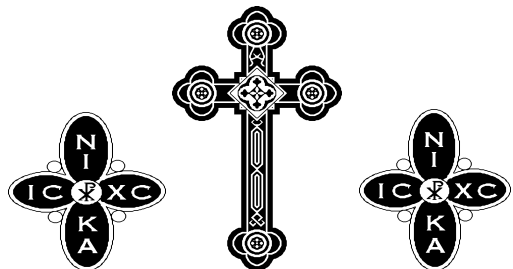
- *Memorial Service  
for David Weatherup (1 Year)*
- *Memorial Service  
for Katina Aravantinos (3 Years)*

June 23, 2024

- *Memorials Not Allowed*

June 30, 2024

- *None Scheduled*







## Syracuse AHEPA Chapter 37 ~ ~ June 2024 News ~ ~

Our AHEPA DAY celebration/luncheon on Sunday, May 19, 2024 was a great success! Congratulations to Hyacinth Labatos and Cleo Shiomos for being awarded the Syracuse Chapter 37 scholarships. Thank you to everyone who attended and helped to make this such a wonderful celebration. Thank you to John and Nick Ioannidis from Gardenview Diner for the tasty food and Philoptochos for providing coffee and cookies.

Thank you to the volunteers who helped place American flags on the graves of our Saint Sophia's community veterans at Oakwood Cemetery in celebration of Memorial Day. It's just a small thank you for their service to America and Greece.

Our gala event will be on October 26, 2024 starting at 6 PM. We will present a slideshow showing the history of AHEPA throughout the years. There will be cocktail hour and dinner followed by Greek dancing with music provided by the Aegeans. DJ Dion Labatos will provide American music. Any individuals or businesses who are interested in advertising in our gala event brochure contact Mike Labatos or Greg Miledonis.

We are still looking for interested students who wish to participate in the Jeopardy style Hellenic Historic Tournament which will take place in February 2025. We hope to have a strong team available to win! The monetary prizes are impressive and of course there are bragging rights.

Members of the Syracuse AHEPA Chapter 37 will be attending the 2024 AHEPA Family District 6 Convention on June 14-15 at Rivers Casino in Schenectady, NY. Our chapter is one of the fastest growing chapters in New York State.

James Telonis, MD, President  
Syracuse AHEPA Chapter #37





## Syracuse AHEPA Chapter 37



# CONGRATULATIONS 2024 AHEPA SCHOLARSHIP RECIPIENTS



**Cleo Shiomos**



**Hyacinth Labatos**



## Syracuse AHEPA Chapter 37

### FLASH BACK FROM THE PAST



HARRY AGGANIS  
Known as 'The Golden Greek'



His Statue at BOSTON UNIVERSITY, HARRY AGGANIS ARENA



The Order of AHEPA has done itself proud in honoring many great luminaries, with the iconic and revered Harry Agganis being the namesake of this recognition. All Greek/Americans should know the stirring story and legacy of Harry Agganis, son of Greek Immigrants, from Lynn, Massachusetts, who forsook college scholarships from across the country in order to remain near his widowed mother, and matriculated at Boston University where he became an All-American quarterback. He then forsook a National Football League career as a quarterback for the Cleveland Browns, where in the midst of an outstanding season, as a first baseman, died tragically in 1955 at the tender age of 26. Harry Agganis represents the virtues and accomplishments of the ideal of a Greek/American hero; with its Greek tragedy being an example of unlimited achievement not realized but still honored and revered by all sports fans of that generation. Thus, the naming of the most prestigious AHEPA Athletic Award in his name and memory, the Harry Agganis Most Outstanding Worldwide Athlete, is certainly fitting.

Mike Labatos, Chairman committee of 100<sup>th</sup> year celebration  
AHEPA Syracuse Chapter 37





## Philoptochos News: June 2024

Remember to make your reservation for the Philoptochos Spring Luncheon on

**June 15<sup>th</sup>, Saturday - Bistro 1926 at Drumlins**  
11:30 am – 2:00 pm

*We will end our year with an afternoon full of fellowship, review our accomplishments  
and plan our events for the year ahead.  
All are welcome*

Reserve your spot by:

Email: [Philoptochos@stsophias.org](mailto:Philoptochos@stsophias.org)

Call or Text: Theone Kalkinis 315-383-3298

Include your name, phone #, and # of attendees in your email.

**(\$25 / person made payable to Philoptochos)**

***A well-balanced buffet style lunch will be provided. .***

**Congratulations to the recipients of the 2024 High School Senior Scholarships!**

**Ladies of Philoptochos Society**

**Maria Vastakis**

**Attending LeMoyne College in the Fall of 2024**

**&**

**Saint Sophia Greek Orthodox Church Scholarship**

**Dimitri Ioannidis**

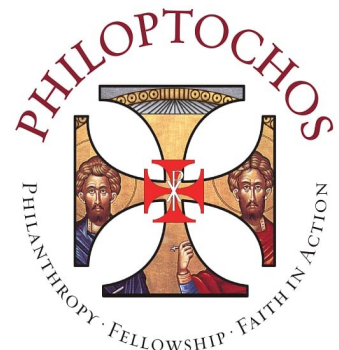
**Attending Syracuse University in Fall of 2024**

**Congratulations to all the 2024 Graduates!**


With the Spirit of Philanthropy,

Theone Kalkinis

[Philoptochos@stsophias.org](mailto:Philoptochos@stsophias.org)







**SATURDAY, JUNE 15, 2024**  
**11:00 AM – 2:30 PM**  
**\$25/PERSON**  
(Cash or check made payable to Philoptochos)

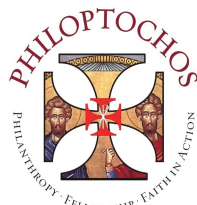
***PHILOPTOCHOS***  
***SPRING***  
***LUNCHEON***

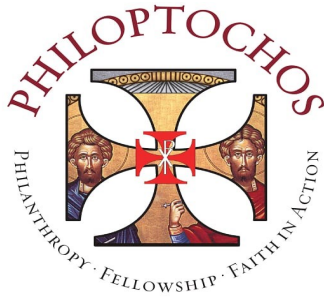
**THE BISTRO 1926**  
**AT DRUMLINS**  
**800 NOTTINGHAM RD**

**JOIN US** for a day of fellowship  
and planning for the upcoming year

**RSVP before 6/2/2024 - SUNDAY**  
after church services reservation table  
**OR**

**Theone Kalkinis (315) 383-3298**  
**Cara Potamianos (315) 430-1907**  
**Email: [philoptochos@stsophias.org](mailto:philoptochos@stsophias.org)**





## CONGRATULATIONS MARIA VASTAKIS 2024 PHILOPTOCHOS SCHOLARSHIP RECIPIENT

Maria Vastakis will be a 2024 graduate of Cicero-North Syracuse High School and is the daughter of Steve and Heppi Vastakis and sister of Eva Vastakis. Her favorite activity to do with her family is to watch movies. Her favorite childhood memory is when her Yia Yia and Papou came to visit her during the holidays.

Maria has been involved in the Executive Board of the National Honor Society (2 yrs), the 2024 Business and Marketing Honor Society (1 yr), the Board of Directors for the CNS Business Club (2 yrs), the National Junior Honor Society (2 yrs), the Optimist Club (1 yr), Class of 2024 (2 yrs), and the National Society of High School Scholars (1 yr); the awards she received are the 9th grade Principals Award, the AP Scholar Award, Top 10% of C-NS Class of 2024, and Business Student of the Month three times. The activity she enjoys the most is reading because it helps her relax. Her favorite high school memory is when she went to Junior Prom and stayed on the dance floor all night.



Outside of school, Maria enjoys hanging out with her friends and playing badminton, volleyball, and card games with her sister. If she had one wish it would be to adopt a German Shepherd puppy. The three words that best describe her are optimistic, ambitious, and happy.

After High School, Maria plans to attend Le Moyne College and pursue a major in Business Management and Leadership. In 10 years, she sees herself establishing her own business and starting a family. Three things on her bucket list are going to Greece, flying to Florida, and visiting a wolf sanctuary.

The person she admires most is her Yia Yia because she taught her so much and was always there to listen to her, and her Papou because he inspired her to own her own business because he has an amazing work ethic when he owned his own restaurant.





# CONGRATULATIONS DIMITRI IOANNIDIS 2024 ST. SOPHIA'S SCHOLARSHIP RECIPIENT



Dimitri Ioannidis will be a 2024 graduate of Baker High School in Baldwinsville, NY. He is the son of Nik and Dina Ioannidis and brother to Stavros, Angelos and Stefano. He enjoys attending sporting events and vacationing with his family. His favorite childhood memory is visiting Disney World and Greece.

Dimitri has been involved in Football, Wrestling and Indoor/Outdoor Track and Field. His favorite high school memory was when the Indoor boys track team won sectionals 2 years in a row.

Outside of school, Dimitri enjoys going to the gym, playing video games and building Legos.

After High School, Dimitri plans to pursue a degree in Mechanical Engineering, his college choice is undecided. Three things on his bucket list are, travel the world, attend a World Cup soccer game, and help build a better community.

He admires his parents the most because they encourage him to try his best and have shown him traits of being a kind, hard working human.







# PHILOPTOCHOS COFFEE HOUR SERVICE



*Philoptochos provides the coffee service during Coffee Hour on Sundays from September through May. During these months, please call the Church Office to schedule a sponsored coffee hour for a memorial.*

*There are 2 levels of service provided for a Sponsored Coffee Service.*

**=>Basic Coffee Service - \$50 includes the following:**

*Philoptochos provides and serves the coffee, milk, sugar, and juice.  
Parishioner provides the pastries.*

**=>Super Plus Coffee Service - \$150 includes the following:**

*Philoptochos provides and serves the Pastries, coffee, milk, sugar, and juice.*

*Coffee Hour Service Fees to be paid ONLY by check made payable to Philoptochos (Memo line: include date of service & name of honored loved one.)*

*Reminder: Dates not available to sponsor Coffee Hour service include; Stewardship Sunday, Godparents Sunday, and Cheese Fare Sunday. Please refer to the Church calendar for this dates.*

**\*Summary Months of June, July and August:** *To sponsor a coffee hour during these summer months only Basic Coffee Service (\$50) is available. Philoptochos provides coffee, cups, sweetener, creamer, stirrers and set up the serving table. Parishioner provides: Pastries, set up the serving station and tables, serve the coffee hour and clean up service immediately following coffee service.*

*During these summer months, please call either Coffee Coordinators of Coffee Service - Vivian Alexander 315-673-2880 or 315-430-6162 or Maria Allis.*




## CHOIR



*We welcome everyone to join our Choir*

*Check the Church Calendar for upcoming Choir Practices*

# June 2024

## Program Schedule For Cable Television

All Programs Air on Spectrum (Time Warner) Cable Chanel 98 in Onondaga County



**Sunday Programs at 7:00 pm**  
**On Spectrum Channel 98**  
**The series**  
**“Creation History in Genesis”**  
**continues**

June 2, 2024— Genesis 2:1-7

June 9, 2024—Genesis 2:8-14

June 16, 2024—Genesis 2:15-17

June 23, 2024—Genesis 2:18-23

June 30, 2024—Genesis 2:23-25

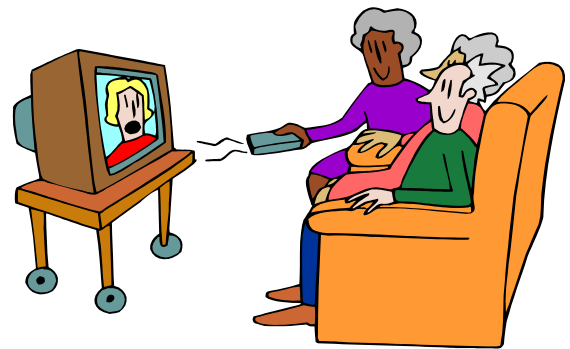
**Monday Programs at 7:00 pm**  
**Fr. David’s “The Inner Way”**  
**series airs every Monday**

June 3, 2024— Unseen Warfare,  
 part 1

June 10, 2024—Unseen Warfare,  
 part 2

June 17, 2024—Unseen Warfare,  
 part 3

June 24, 2024—Unseen Warfare,  
 part 4



***PLEASE NOTE.....***

***Our programs also air on Verizon FIOS cable channel 29,***

***Sunday at 6:30 pm and 7:00 pm***

***Thursday at 8:30 pm and 9:00 pm***

***Many programs also appear on the internet at***  
***frdavidsmith.com***



**REGISTER TODAY!**



**ST. TIMOTHY CAMP**  
METROPOLIS OF DETROIT

June 26 to June 30

Oswegatchie  
Educational  
Center

[sttimothycamp.org](http://sttimothycamp.org)



# MARK YOUR CALENDARS



# 2024 GREEK FESTIVAL

**THURSDAY, JUNE 6TH**

**FRIDAY, JUNE 7TH**

**SATURDAY, JUNE 8TH**

**SUNDAY, JUNE 9TH**





# **GIFT CERTIFICATES**

**NOW AVAILBLE  
FOR PURCHASE  
IN THE BOOKSTORE**



## 20 24 Festival Volunteer Online Sign-up

**WE  
WANT YOU  
FOR GREEK  
FEST**



Our Greek Festival is a combined effort and we need your help to make it a successful event again this year. Please give your time and talents by volunteering.

Last year we utilized an online volunteer signup software system with great success. With this online signup we were able to balance our staff volunteers to provide better coverage that ultimately made it more efficient to manage the large number of attendees.

We are seeking individuals to help in all areas. Please sign-up for multiple slots and we thank you for generously sharing your time to make this a successful Festival once again.

To volunteer for positions,  
please go to our volunteer sign-up website  
at:

**<https://signup.com/go/TZLRfQL>**



# St. Sophia Greek Orthodox Church—June 2024

| Sun                                                                                                           | Mon                                                                                 | Tue                                                 | Wed                                             | Thu                                                                                                 | Fri                          | Sat                                                                                                                  |
|---------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-----------------------------------------------------|-------------------------------------------------|-----------------------------------------------------------------------------------------------------|------------------------------|----------------------------------------------------------------------------------------------------------------------|
|                                                                                                               |                                                                                     |                                                     |                                                 |                                                                                                     |                              | 1                                                                                                                    |
| 2<br>8:45 AM ORTHROS<br>10:00 AM DIVINE LITURGY<br>SUNDAY OF<br>THE SAMARITAN WOMAN                           | 3                                                                                   | 4                                                   | 5<br>6:00 PM PARAKLESIS<br>7:00 PM BIBLE STUDY  | 6<br><b>GREEK FESTIVAL</b>                                                                          | 7<br><b>GREEK FESTIVAL</b>   | 8<br><b>GREEK FESTIVAL</b>                                                                                           |
| 9<br>8:45 AM ORTHROS<br>10:00 AM DIVINE LITURGY<br>SUNDAY OF<br>THE BLIND MAN<br><b>GREEK FESTIVAL</b>        | 10                                                                                  | 11<br>10:00 AM BIBLE STUDY                          | 12<br>6:00 PM PARAKLESIS<br>7:00 PM BIBLE STUDY | 13<br>9:00 AM ORTHROS<br>10:00 AM DIVINE LITURGY<br><b>HOLY ASCENSION</b><br>6:00 PM CHOIR PRACTICE | 14                           | 15<br><b>PHILOPTOCHOS<br/>LUNCHEON</b><br>The BISTRO 1926<br>at DRUMLINS<br>5:00 PM GREAT VESPERS                    |
| 16<br>8:45 AM ORTHROS<br>10:00 AM DIVINE LITURGY<br>FATHERS OF<br>THE FIRST COUNCIL<br><b>FATHER'S DAY</b>    | 17                                                                                  | 18<br>10:00 AM BIBLE STUDY<br>6:00 PM AHEPA MEETING | 19<br>6:00 PM PARAKLESIS<br>7:00 PM BIBLE STUDY | 20<br>6:00 PM CHOIR PRACTICE                                                                        | 21                           | 22<br>5:00 PM GREAT VESPERS                                                                                          |
| 23<br>8:45 AM ORTHROS<br>10:00 AM DIVINE LITURGY<br>HOLY PENTECOST                                            | 24<br>8:45 AM ORTHROS<br>10:00 AM DIVINE LITURGY<br>NATIVITY OF<br>JOHN THE BAPTIST | 25<br>10:00 AM BIBLE STUDY                          | 26<br><b>ST TIMOTHY CAMP</b>                    | 27<br>6:00 PM CHOIR PRACTICE<br><b>ST TIMOTHY CAMP</b>                                              | 28<br><b>ST TIMOTHY CAMP</b> | 29<br>10:00 AM<br>ROMANIAN LITURGY<br>FOR STS.. PETER & PAUL<br>Fr. Daniel Ene Officiating<br><b>ST TIMOTHY CAMP</b> |
| 30<br>8:45 AM ORTHROS<br>10:00 AM DIVINE LITURGY<br>SYNAXIS OF<br>THE HOLY APOSTLES<br><b>ST TIMOTHY CAMP</b> |                                                                                     |                                                     |                                                 |                                                                                                     |                              |                                                                                                                      |

# St. Sophia Greek Orthodox Church—July 2024

| Sun                                                                            | Mon | Tue                        | Wed | Thu                                                                                                                 | Fri                                                               | Sat                         |
|--------------------------------------------------------------------------------|-----|----------------------------|-----|---------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------|-----------------------------|
|                                                                                | 1   | 2<br>10:00 AM BIBLE STUDY  | 3   | 4<br><br>6:00 PM CHOIR REHEARSAL | 5                                                                 | 6<br>5:00 PM GREAT VESPERS  |
| 7<br>8:45 AM ORTHROS<br>10:00 AM DIVINE LITURGY<br>2ND SUNDAY OF MATTHEW       | 8   | 9<br>10:00 AM BIBLE STUDY  | 10  | 11<br>6:00 PM CHOIR REHEARSAL                                                                                       | 12                                                                | 13<br>5:00 PM GREAT VESPERS |
| 14<br>8:45 AM ORTHROS<br>10:00 AM DIVINE LITURGY<br>SUNDAY OF THE HOLY FATHERS | 15  | 16<br>10:00 AM BIBLE STUDY | 17  | 18<br>9:00 AM ORTHROS<br>10:00 AM DIVINE LITURGY<br>ST. ANNA<br>6:00 PM CHOIR REHEARSAL                             | 19<br>9:00 AM ORTHROS<br>10:00 AM DIVINE LITURGY<br>ST. PARASKEVI | 20<br>5:00 PM GREAT VESPERS |
| 21<br>8:45 AM ORTHROS<br>10:00 AM DIVINE LITURGY<br>4TH SUNDAY OF MATTHEW      | 22  | 23<br>10:00 AM BIBLE STUDY | 24  | 25<br>6:00 PM CHOIR REHEARSAL                                                                                       | 26                                                                | 27                          |
| 28<br>8:45 AM ORTHROS<br>10:00 AM DIVINE LITURGY<br>5TH SUNDAY OF MATTHEW      | 29  | 30<br>10:00 AM BIBLE STUDY | 31  |                                                                                                                     |                                                                   |                             |